

Chinese American Parent Association of Howard County

**Annual Report
July 2018 - June 2019**



Inform

Involve

Empower

www.capa-hc.org

VISION

For every resident in Howard County and every family in Howard County public schools to be equally represented in the community and to have equitable access to services and resources.

MISSION

To advance, empower and unite the Chinese and other immigrants in Howard County by advocating for the underrepresented, leading in civic activities, promoting greater community engagement, and supporting integration into the larger community.

**501(c)3 organization
Combined Federal Campaign charity
Certifying organization of President's Volunteer Service Award**

Launched in the fall of 2015, Chinese American Parent Association of Howard County (CAPA-HC) has experienced a rapid growth on multiple fronts in the past four years. Its membership reached almost 600 in the fiscal year 2018-2019. In addition to four established operations in Howard County, Maryland; Montgomery County, Maryland; Baltimore County, Maryland; and Fairfax County, Virginia, a new branch formed in Chester County, Pennsylvania in the spring of 2019. CAPA initiated and managed over a dozen programs serving its members as well as the larger community, some of them were funded by grants from the state and county governments and private foundations. Furthermore, CAPA signed an official partnership agreement with Howard County Public School system in November 2018 and greatly enhanced collaboration with the public schools.

As a local nonprofit organization, CAPA is committed to improving quality of life of the Chinese community in Howard County by informing them about programs and services for public education, educating them in the areas of American culture, civic duties and governmental functions and operations. CAPA is also resolved to engaging and empowering the Chinese community to become contributing members to all communities in Howard County.



Leadership (2018-2019)

Board of Directors

Jean Xu, Chao Wu, Hongling Zhou, Lily Zhang, Lan Deng, Tony Du, ,
Xinning Yang, Steve X. Chen and Jodie Wang

Executive Officers

President: Jean Xu
Vice President: Hongling Zhou and Chao Wu
Treasurer: Lili Zhang
Secretary: Lan Deng

Directors

Membership: Xinning Yang and Jodie Wang
Family Education: Lan Deng
Community Outreach: Tony Du
Civic Engagement: Hongling Zhou and Xinning Yang
Legal Counsel: Steve X. Chen

Achievements in FY 2018-2019

- Reached to almost 600 registered members
- Established 5th CAPA in Chester County, Pennsylvania.
- Signed Partnership Agreement with HCPSS
- Awarded 2020 Census State Grant for Community Outreach
- Awarded Howard County Government Civic Grant for a third year
- Awarded Horizon Grant for Mental Health Awareness
- Certified for the President's Volunteer Service Award
- Enlisted in the Combined Federal Campaign for a second year



Program Highlights

New Residents Outreach Program is a partnership with HCPSS's Office of International Student and Family Services to reach out to the new immigrant families for them to effectively learn and progress.

Advocate Diversity Celebration: CAPA is the only community advocacy organization thus far in Howard County that represents the Chinese population for local issues. CAPA advocated for Asian American representation in the county-wide effort of diversity, equity and inclusion.

Membership

CAPA-HC offers two levels of membership, Senior and General. The members are benefited from its services in many different ways, including but not limited to:

Benefits	Senior Member	General Member
President's Volunteer Service Award	Yes	Yes
Selected Seminars	Free	with a minimal fee
AST High School Tutor Opportunity (See "Youth Opportunities" section for details)	Receive the highest priority for consideration when credentials are similar. Application fee is waived	Receive the second to the highest priority for consideration when credentials are similar. Application fee may apply
AST Tutoring Services (See "Youth Opportunities" section for details)	Receive the largest discount	Receive certain level of discount
HS Internship and Volunteer Opportunities (See "Youth Opportunities" section for details)	Information only available to members on a password secured website page	
Apply for grant funding for local school culture event	Yes	Yes
Apply for free facility rental	Yes	Yes
CAPA board member and executive team member candidacy eligibility	Yes	No
Voting Rights	Yes	No
Opinion in Advocacy Opportunities	Receive the highest level of consideration	Take into consideration
Camp site rental at discount price (approximately 1/4 of the regular price)	Yes	Yes
Panda Costume Rental	Yes	Yes
Individual Cases	Yes	Yes

Membership Qualification

Parents, grandparents or guardians of minors who resides in the Howard County, MD or surrounding areas (within approximate 100 miles of Howard County). The CAPA board can waive this requirement for individual member.

Membership Fees

General membership: \$0
Annual Family Membership: \$35
Life Senior membership: \$280

Membership Registration

<https://www.capa-hc.org/all-membership>

总统义工奖只对会员开放。

义工和实习（Internship）信息将通过密码登陆网站与会员分享。

对申请做辅导员的高中生，资深会员的子女优先考虑，普通会员的子女次优。部分辅导员机会为有偿工作。

热门讲座将只对会员开放，资深会员(senior member)免费参加，普通会员收取一定费用。

CAPA 在学期中开办英语阅读写作课以及公共演讲和辩论课。学费对普通会员（general member）和资深会员（senior member）有不同程度的减免。

会员有资格申请 CAPA 奖金，用于学校文化庆祝活动。

会员有资格申请免费租用学校场地。

资深会员可以参加理事会选举，包括当理事会候选人或投票决定理事会成员。

对于重大问题，CAPA 将征询会员的意见。有些议题是根据对资深会员的意见调查形成决议的。

帮助会员有效地解决孩子在学校遭遇的问题。

SERVICES

Family Education

- youth internship/volunteer opportunities
- tutoring services
- seminars on academic achievement and career development
- mental health awareness

Community Outreach

- new residents outreach for public programs and services
- cultural events
- fundraising for local charities

Civic Engagement

- advocacy on local or regional issues
- services on boards or commissions
- seminars on participation in the democratic process
- voter's registration
- candidate forums

Family Education:

Volunteer and Internship Opportunities

CAPA has provided and will continue to provide volunteer opportunities, especially for teenagers and young children to foster their spirit of volunteerism and their aspiration for making contribution to the community. During this fiscal year, teenagers and young children were invited to volunteer at many events including three Asian American and Pacific Island Heritage Month events, candidate forums,

President's Volunteer Service Award

CAPA is a PVSA certifying organization that is authorized to issue PVSA award to volunteers who meet certain volunteer service requirements. PVSA is a nationally renowned award that can be used in any application/interview/career situation. This award honors individuals whose service positively impacts communities in every corner of the nation and inspires those around them to take action too. Award recipients can receive an official PVSA pin, personalized certificate of achievement, and a congratulatory letter from the president of the United States. In addition, they will be recognized at CAPA's annual general meeting, website, and social media platforms. Adults and children at least five years old who are a United States citizen or a lawful permanent resident of the United States are eligible for applying for this award.

Please visit website for more details:

<https://www.capa-hc.org/pvsa>

Internship Opportunities

CAPA has been working with local governments, federal employees, and private companies to identify mentors and internship opportunities for high school and college students.

Candidates Forum

CAPA provided high school students a variety of tasks in candidates forums, including moderating, guest guiding and signing, and time keeping. More importantly, this is a great opportunity to observe the democracy process in real life and apply what they have learned at school.

Family Education:

Achieve Success Together Tutoring Services

The goal of this program is to fully use and leverage the resources available in the community and connect them with the demands. This highly innovative program was initiated by high school students in the summer of 2016 and has experienced rapid growth in the past three years in terms of the varieties of sub-programs under its administration, numbers of families being served and benefited, and the positive impacts it brings to HCPSS helping closing the opportunity gaps. Many components of this program is operated by high school students, therefore it strengthens the leadership skills of the participating youth. A public school teacher was hired to develop a teaching plan that aligns with the school curriculum and train the high school students to deliver the teaching material effectively.



AST Shine

AST Shine is a collaborative effort with HCPSS to close opportunity gaps in public schools. It recruits high school students to offer free tutoring services to elementary school students from low income families (FARM) or whose native language is not English (ESOL). AST provides them academic support that otherwise is not available to the FARM and ESOL students. In addition, some of the tutors graduated from the ESOL program themselves and some of them can communicate with the children and parents in their native language. The high school tutors are able to connect with the young children and set a positive role model for the students they work with.

Goals:

- Partner with HCPSS to identify opportunity gaps and offer services to help reduce the gaps.
- Ensure equitable access to the academic support among racially, culturally and socioeconomically diverse groups.
- Provide resources to the Free and Reduced Meal (FARM) and English for Speaker or Other Languages (ESOL) students and support them to achieve a higher level of academic performance.

- Help the local schools to engage immigrant families experiencing language and cultural barriers.
- Encourage leadership among high school students and inspire them to apply the knowledge and skills they acquired at school to make a positive impact on the larger community.
- Enhance mutual communication and understanding of students from diverse backgrounds.
- Inspire high school students from diverse background to explore a career as an educator.

Population Served:

- HCPSS FARM and ESOL students who do not have equitable access to tutoring services.
- Immigrant families experiencing language and cultural barriers and therefore are not fully engaged in their school and their student's academic life.
- HCPSS high school students seeking leadership and volunteer opportunities to contribute to the larger community.

Achievement Highlights

- Served more than 50 FARM and/or ESOL students in SY 2018-2019
- Offered more than 2,500 hours free personalized tutoring services in SY 2018-2019
- Established partnership with 5 elementary schools
- Engaged more 30 high school students
- Developed a 50-hour tailored teaching plan aligned with HCPSS curriculum by a teacher
- Received county grants for three consecutive years





AST Enrich

AST Enrich provides enrichment experience to elementary school students in the areas of writing, public speaking and debate during school year as well as in summer camps.

AST Sports

Under this program, parent volunteers coach young kids of 5-9 years old. This program helps children to build a stronger body, tougher character, and team spirit while teaching basic soccer skills and knowledge.

For more details about AST, please review the following website created by the AST leadership team comprised of high school students:

<https://achievesuccesstogether.org/>



Family Education: Mental Health Awareness

CAPA-HC promotes mental health awareness among Asian American and Pacific Islander (AAPI) communities, to reduce stigma and encourage AAPI families to seek help when needed, and to encourage communication between school, parents and children.

What does anxiety look like in children and teens? How can we as a community help?

FREE Film & Discussion

Angst



Parents and guardians are invited to a free documentary screening and panel discussion around anxiety in youth. This 55-minute film features candid interviews with children and young adults who struggle, or have struggled, with anxiety — including Olympic swimmer Michael Phelps. This film explores the causes, symptoms and effects of anxiety and stress, and encourages youth and their families to seek help. Middle and high school students are invited to attend with a parent or guardian. Each film screening will be followed by a discussion and Q&A with local experts.

Join us at one of these dates (film begins at 6:30 p.m.):

Howard High School – Tues. April 2 1700 Old Annapolis Rd., Ellicott City, MD 21043	Glenn High School – Tues. April 9 14000 Shiloh Rd., Ellicott City, MD 21042
Hammond High School – Thurs. April 4 8800 Guilford Rd., Columbia, MD 21046	Mt. Hebron High School – Wed. April 3 9440 Old Frederick Rd., Ellicott City, MD 21042

RSVP Online Now: <http://bit.ly/AngstReg>

Partially funded by the Horizon Foundation, this program is aimed to support the Foundation's goals and objectives. CAPA-HC assisted in promoting a documentary screening "Angst" and panel discussion on anxiety in youth.

CAPA-HC partners with Healthy Mind Initiative (HMI), a program launched by the Asian Pacific American Officers Committee (APAOC) administered under the Office of Surgeon General of the United States Public Health Service, to conduct presentation and discussion in audience's native languages.



Family Education: Seminars on Academic Achievement and Career Development



HCPSS Gifted and Talented Program Coordinator Mrs. Debbie Blum presented an overview of the GT program and GT placement process.

Dr. Bruk Berhane (Director of Undergraduate Recruitment and Scholarship of the School of Engineering, University of Maryland) shared information on college admission and scholarship application process.



Centennial High School counselor Mrs. Jae-Hi Hebler presented on what counselors duties are and provided advice on how to work with school counselors effectively.

Family Education: Asian American and Pacific Islander Heritage Month

CAPA integrated AAPI Heritage Month Celebration with educational purpose.

Panel Discussion



AAPI Asian American Pacific Islander Heritage Month
Chinese American Parent Association of Howard County (CAPA-HC) Presents

**Up Close and Personal with Distinguished Panelists:
Achieving Extraordinarily in Education and Career**

Angela L. Cabellon Appointed official at the state and county level.	Thon J. Goussman A united media artist, film director, and young entrepreneur.	Susan D. Iyer Faculty member and current manager of the government.	David K. Lee Appointed official at the state and county level.	Ting Ma An award-winning transportation planner.
Cabellon is Chief Executive Officer & Deputy Chief Administrative Officer of the Howard County Government. She was an appointed official for Prince George's County, Maryland, and then a social service official & Deputy Chief for the Montgomery County Government. Cabellon earned her master's degree from Howard University and holds a degree from University of Maryland at College Park.	Goussman is a 2019 Fulbright scholarship recipient and will work in China for one year. He received his bachelor's degree from Georgetown University. While in Beijing, he was a member of the U.S. National Olympic Committee and a social media influencer. He is currently working on his master's degree in Artificial Intelligence from the University of Maryland at College Park.	Iyer is an associate director for the local Peace Institute and director of the International Road Events & Economic Development program of University of Baltimore. She was a 2017 Fulbright Scholar in India. She was chief of Suburban City Dept. of Planning. Dr. Iyer earned her doctoral degree from University of Michigan and earned her master's and bachelor's degrees from University of Pennsylvania.	Lee currently is Assistant Deputy Secretary of Programs within the Maryland Department of Human Services. He is an appointed official for Prince George's County, Maryland, and was a 2017 Fulbright Scholar in India. He was a 2017 Fulbright Scholar in India. He was a 2017 Fulbright Scholar in India. He was a 2017 Fulbright Scholar in India.	Ma is a certified planner working for the Director of Columbia Department of Transportation (DOT), responsible for multiple projects for decision making for transportation and urban planning. She received her doctorate degree from University of Maryland at College Park, master's degree from University of Michigan, and bachelor's degree from Tsinghua University, China.

CAPA-HC
http://www.capa-hc.org

Sunday, May 5, 2019 1:30 PM - 4 PM
HCLS ElkrIDGE Branch
6540 Washington Blvd., ElkrIDGE, MD

Scan to register

CAPA invited five distinguished panelists with AAPI background shared their career and personal journey with a group of community members. Panelists and audience had great discussion on a variety of topics on education, career development, community and public services and civic engagement.

Essay Contest

AAPI Asian American Pacific Islander Heritage Month
Chinese American Parent Association of Howard County (CAPA-HC) Presents

**2019 AAPI Heritage Month Video and Essay Contest
for Students in grades 6-12 from PA, MD, D.C., and VA**

Prompts (Choose one):

- How does Asian American and Pacific Islander culture affect you?
- What is your family's immigration story?

Prizes:

- 1st place: \$250
- 2nd place: \$100
- 3rd place: \$75
- 2 Honorable mentions: \$25 each

Deadline:
May 31, 2019
11:59 PM ET

For details and submission visit: <http://www.capa-hc.org/contest>

CAPA-HC
www.capa-hc.org



CAPA of Howard County and Montgomery County invited middle school and high school students for an essay and video contest on a AAPI topic. A panel of four judges formed including Howard County Chief Innovation Officer and Deputy Chief Administrative Officer, Mrs. Angela Cabellon, Howard High School principal Mr. Nicholas Novak and two high school students evaluated the entries. Eleven students received awards and recognized at CAPA's general meeting in June.

Community Outreach: Local School Cultural Events

CAPA has sponsored three local school cultural events at Dayton Oaks Elementary School, Ilchester Elementary School and Burleigh Manor Middle School in FY 2018-2019.



Community Outreach: Countywide Cultural Celebration

CAPA collaborated with local ethnic organizations to celebrate Lunar New Year and Asian American and Pacific Island Heritage Month.



Civic Engagement: Candidate Forum

CAPA and LoKA (League of Korean Americans) co-hosted a candidate forum on October 7, 2018 at the Howard County Library Miller Branch. Candidates for County Executive, County Council and Board of Education were invited to share their opinions on a variety of topics that of the concerns of the community members. Audience had a chance to ask questions in a variety of categories. CAPA encourages community members to be an informed voter and participate as a civil and responsible citizen.



Civic Engagement: Meet Maryland Legislators at Annapolis

CAPA encourages teens and young children to learn and be engaged in democratic process and civic activities. As part of the educational program on civic engagement, CAPA established an annual field trip for children and their parents to meet with the Maryland legislators at Annapolis when it is in legislation session.



The entire group was invited to the balcony of the Senate and Delegate Chambers to observe how legislators work. CAPA was recognized in the session.



Young children enjoyed the guided tour in the state house and gained knowledge in Maryland history and legislation process.



CAPA group was invited to Senator Katie Hester's office. Delegate Eric Ebersole met with the CAPA children.

Civic Engagement: Committees, Commissions and Boards

CAPA encourages its members to participate in decision making process on local issues. In the FY 2018-2019, CAPA members served on the following committees, commissions and boards.

As a CAPA representative:

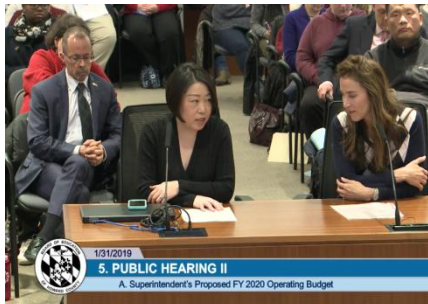
- Academic Calendar Committee
- Diversity, Equity and Inclusion Committee
- Educational Equity Committee

As an individual citizen:

- Operating Budget Review Committee
- Textbook Advisory Committee
- PTA Council of Howard County
- Community Advisory Council
- County Ethics Commission
- County Human Rights Commission

Civic Engagement: Advocacy

CAPA President Jean Xu and Board Member Jodie Wang, along with Indian community leaders met with Howard County Police Chief Lisa D. Myers and County Chief of Staff Sameer Sidh. The participants shared thoughts and concerns regarding public safety and how Asian community can collaborate with the Police Department.



CAPA president Jean Xu testified in front of the HCPSS Board of Education on the FY2020 proposed school budget, urging fair Asian American representation among HCPSS teachers, administrators and staff members. She also request the school develop a more diverse and inclusive curriculum that reflects Asian American history and culture shared and celebrated by more than one fifth of HCPSS families



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HOWARD COUNTY, MARYLAND**

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