

**WHAT'S IN
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CAPA VOICE SERIES #1

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CHINESE AMERICAN PARENT ASSOCIATION OF HOWARD COUNTY

MONTHLY NEWSLETTER



CAPA members regularly volunteer their time and expertise to serve as CAPA's representatives to different HCPSS policy committees. These representatives relay the information they learn at these policy committee hearings back to our community and also contribute their points of view during these discussions to help provide the immigrant community a voice.

CAPA Voice youth reporters are starting a series of articles that introduce these HCPSS policy committees and the initiatives that they discuss and implement.



SCHOOL ACADEMIC CALENDAR COMMITTEE

By Erica Qin

The Chinese American Parents Association (CAPA) is hoping to encourage Asian American representation in Howard County through the calendar committee. The calendar committee meets regularly to discuss and make recommendations regarding the HCPSS Academic School Calendar, including any holidays that are celebrated by religious and ethnic groups. [Read more>>](#)

RECENT ACTIVITIES



AST Opening Ceremony, October 22nd - Great people and great event. We are excited to be back in the classroom after a challenging year of virtual teaching. AST has redesigned to offer four programs to the HCPSS students - Shine, Enrich, Glow and Homework Help. Thanks to our high school tutors and their parents. Your dedication and resilience made this possible.

Thanks to Katie Fry Hester, Maryland Senate D9, Angela Cabellon from the County Executive office, James LeMon from HCPSS, and Tina Chen from Yama Sushi @ Ellicott City. Your partnership, encouragement, and generosity helped this program to grow in the past 6 years.

A big shout out to the principal of Veterans Elementary School, Mr. Robert Bruce. Thank you for providing us your wonderful school cafeteria for this event and being tremendously supportive of the AST and our students.



On November 20th, the CAPA-HC Youth, partnering with Columbia Community Care, organized the first Turkey Drive. CAPA-HC Youth donated around 100 turkeys and chickens, as well as helped distribute food and other personal items at the Columbia Community Care Long Reach Site. Thanks to all our volunteers to make this happen today! We wish everyone a warm and happy Thanksgiving!

CAPA-HC Youth continues giving-back this Thanksgiving holiday. On November 28th, 80 no-sew blankets and 100 handwritten holiday cards were delivered to Kits to Heart, a non-profit organization started by Sonia Su, a cancer survivor, based in Clarksville, MD. We are amazed by the creativity our youth group possesses. Cancer does not have to be a lonely journey; together, we can care better.



UPCOMING EVENTS



CAPA-HC
MARYLAND
Educational Talk Series #43

Police and Civilian Response to Violence in Gathering Places

**Friday, December 10, 2021
8 PM - 9:30 PM (EST)**

Zoom ID: 919 2484 9263
Passcode: 319498

GUEST SPEAKERS

- Police Officer First Class Steve Mitzel, Howard County Police Department.
- Corporal Kyu Lee, Howard County Police Department.

SYNOPSIS

The Howard County Police Department wants you to be prepared in the event of an active assailant incident in your house of worship, workplace or any public environment. These situations are unpredictable and evolve quickly. YOU are your own first-responder. Be prepared. Be smart. Be safe.

Partners:



Webinar: **Police and Civilian Response to Violence in Gathering Places**

Time: **December 10, 2021 8:00 PM EST**

Speaker: **Police Officer First Class Steve Mitzel & Corporal Kyu Lee**

Zoom ID: 919 2484 9263 Passcode: 319498

The Howard County Police Department wants you to be prepared in the event of an active assailant incident in your house of worship, workplace or any public environment. These situations are unpredictable and evolve quickly. Because active assailant situations are often over within a few minutes, even before law enforcement can arrive on the scene, individuals must be prepared both mentally and physically to deal with this kind of emergency. YOU are your own first-responder. Be prepared. Be smart. Be safe.

Webinar: **The How-to Guide in Navigating High School**

Time: **December 17, 2021 8:00 PM EST**

Speaker: **Julia Liu & Anthony Duan**

Zoom ID: 919 2484 9263 Passcode: 319498

Not sure which classes to pick? Confused on where to look for internships? Overwhelmed by high school and life? Speakers Anthony Duan and Julia Liu will be addressing each of these issues in their High School Course Selection talk series. They will go over their own class schedules, extracurricular activities, and internship experiences, and general advice for acclimating to high school. At the end, there will be a Q&A session to address any other questions.



CAPA-HC
MARYLAND
Educational Talk Series #44

The How-to Guide in Navigating High School

**Friday, December 17, 2021
8 PM - 9:30 PM (EST)**

Zoom ID: 919 2484 9263
Passcode: 319498

GUEST SPEAKERS

- Anthony Duan, Georgetown University freshman & Centennial High School Class of 2021.
- Julia Liu, New York University freshman & River Hill High School Class of 2021.

SYNOPSIS

Speakers Anthony Duan and Julia Liu will go over their own class schedules, extracurricular activities, internship experiences, and general advice for acclimating to high school.

Partners:



COMMUNITY COLLABORATION

Howard County LHIC

Local Health Improvement Coalition



- [All COVID-19 Information](#)
- [COVID-19 Dashboard](#)
- [Health Dept Vaccination Clinics](#)
- [MD Vaccination Site Locator](#)

IMPORTANT COVID-19 INFORMATION AND RESOURCES

- Vaccinations are FREE. Anyone who is part of an eligible age group can register for a vaccine.
- Pfizer, Moderna and J&J boosters have been authorized by the FDA and CDC for certain individuals.
- If you received the Johnson & Johnson vaccine, you are eligible for any vaccine booster shot, if you are 18 years of age or older, two months following your initial vaccination.
- If you received the Pfizer or Moderna* vaccine, the following groups are eligible for any vaccine booster shot six months following your initial vaccination:
 - 65 years and older
 - Age 18+ who live in long-term care settings
 - Age 18+ who have underlying medical conditions
 - Age 18+ who work or live in high-risk settings
- The Moderna booster shot is half of the initial vaccine dose.

If you have a question about COVID-19, please call COVID-19 Hotline, 410-313-6284, available Monday through Friday, 8:30 am - 4:30 pm.



INFORMATION ABOUT HOSPICE AND PALLIATIVE CARE

In partnership with the Horizon Foundation, CAPA is working to dispel myths surrounding hospice and palliative care. Both hospice and palliative care are crucial to improving the quality of life of people who are seriously ill. Access more resources about hospice and palliative care at our [website](#).